



**GRADALIS
WALDORF CONSULTING & SERVICES LLC
TEACHER TRAINING**

**BOOK LIST FOR GRADALIS TRAINING
REVISED MARCH 26, 2024**

PROGRAM GOALS:

1. Candidate acquires a working knowledge of Anthroposophy and integrates the underlying theory of human development (cognitive, soul, and physical) into his/her working in the various positions he/she assumes in his/her school setting. (FACTUAL)
2. Candidate investigates his/her own preset worldview and identifies how he/she has transformed this worldview as a result of activities within the program. (CONCEPTUAL)
3. Candidate formulates lessons within his/her setting that illustrate an understanding of and application of Waldorf teaching methods inclusive of temporal and visual arts. (PROCEDURAL)
4. Candidate actualizes self-knowledge through revision of daily practices that include rhythmic, conscientious inner-development and personal transformation. (META-COGNITIVE)

Required Texts: All Students
(used and new prices listed)

Semester 1:

Books:

Steiner, R. (1964 or 2013). *Philosophy of Freedom: The Basis for a Modern World Conception* (translation by Michael Wilson—digital print out okay or book). Rudolf Steiner Press. Forest Row, UK. (\$14-\$29)

Lipson, M. (2002). *Stairway of Surprise*. Hudson N.Y: Anthroposophic Press. (\$12-\$31)

Steiner, R. (1994). *How to Know Higher Worlds: a modern path of initiation*. Translated by Christopher Bamford. Hudson N.Y: Anthroposophic Press. (\$7-\$20)

Sturgeon-Day, L. *Biography Workbook and Life Cycles*. Fair Oaks, CA: (\$12.00 on Amazon)

(ECE ONLY)

Von Heydebrand, C. *Childhood: A study of the growing child*. It is available on Amazon and Steiner Books and costs between \$12 - 17.

Grimm, J. & W, (1972) *Complete Grimm's Fairytales*. Introduction by Padraic Colum and Joseph Campbell. Pantheon Books Random House. Available on Amazon and used booksellers \$6.30-12.55; paperback costs \$10.80. ISBN 978-0394-70930-7

(GRADES 1-8)

Petrash, J. (2002). *Understanding Waldorf Education: Teaching from the Inside Out*. Beltsville, MD. Gryphon House Inc. (ISBN-13:978-0-87659-246-5) and (ISBN-10:0-87659-246-9) (\$7-\$16)

(GRADE ONE ONLY)

Grimm, J. & W, (1972) *Complete Grimm's Fairytales*. Introduction by Padraic Colum and Joseph Campbell. Pantheon Books Random House. Available on Amazon and used booksellers \$6.30-12.55; paperback costs \$10.80. ISBN 978-0394-70930-7

Meyer, R. (2006) *The Wisdom of Fairy Tales*. Floris Books ISBN 10-0-86315-208-2

Semester 2:

Books:

Steiner, R. (1964 or 2013). *Philosophy of Freedom: The Basis for a Modern World Conception* (translation by Michael Wilson—digital print out okay or book). Rudolf Steiner Press. Forest Row, UK: Lectures 1-7

Lipson, M. (2002). *Stairway of Surprise*. Hudson N.Y: Anthroposophic Press.

Semester 3:

Books:

Steiner, R. (1964 or 2013). *Philosophy of Freedom: The Basis for a Modern World Conception* (translation by Michael Wilson—digital print out okay or book). Rudolf Steiner Press. Forest Row, UK.

Lipson, M. (2002). *Stairway of Surprise*. Hudson N.Y: Anthroposophic Press.

Semester 4:

Books:

Steiner, R. (1995). *Foundations of Human Experience*. Hudson, NY: Anthroposophic Press. Lectures 1-5 (\$8-\$30)

Lipson, M. (2002). *Stairway of Surprise*. Hudson N.Y: Anthroposophic Press. (\$12-\$31)

Steiner, R. (1994). *How to Know Higher Worlds: a modern path of initiation*. Translated by Christopher Bamford. Hudson N.Y: Anthroposophic Press. (\$7-\$20)

Semester 5:

Books:

Steiner, R. (1995). *Foundations of Human Experience*. Hudson, NY: Anthroposophic Press. Lectures 6-10

Lipson, M. (2002). *Stairway of Surprise*. Hudson N.Y: Anthroposophic Press. (\$12-\$31)

Steiner, R. (1994). *How to Know Higher Worlds: a modern path of initiation*. Translated by Christopher Bamford. Hudson N.Y: Anthroposophic Press. (\$7-\$20)

Semester 6:

Steiner, R. (1995). *Foundations of Human Experience*. Hudson, NY: Anthroposophic Press. (Lectures 9-14).

Lipson, M. (2002). *Stairway of Surprise*. Hudson N.Y: Anthroposophic Press. (\$12-\$31)

Steiner, R. (1994). *How to Know Higher Worlds: a modern path of initiation*. Translated by Christopher Bamford. Hudson N.Y: Anthroposophic Press. (\$7-\$20)

Semester 7:

Books:

Waldorf Library.org free ebooks: https://waldorflibrary.org/books/3/view_bl/52/ebooks/7/balance-in-teaching-ebook: This book is a combination of *Balance in Teaching* and ends with *Deeper Insights* both by Rudolf Steiner.

Steiner, R. (1996). *Deeper Insights into Education: The Waldorf Approach*. (edited by Rene' Querido).

Rudolph Steiner Press. ISBN: 13.9780880100670. \$5.00 + shipping from Rudolf Steiner Book Store. (Out of print so if you cannot find it, we'll give you passages in your philosophy class).

Steiner, R. (2007). *Balance in Teaching*. Great Barrington, MA: Steiner Books/The Anthroposophic Press. Lectures 1-4

Steiner, R. (1994). *How to Know Higher Worlds: a modern path of initiation*. Translated by Christopher Bamford. Hudson N.Y: Anthroposophic Press. (\$7-\$20)

Lipson, M. (2002). *Stairway of Surprise*. Hudson N.Y: Anthroposophic Press.

Recommended Texts: ECE Students

Jaffke, Freya. (1996) *Work and Play in Early Childhood*. (\$7-\$16)

Jenkinson, S. (1996) *The Genius of Play*. (\$5-\$35)

Schoorel, E. (1996) *The First Seven Years*. (\$16-\$25)

Foster, N. (2013). *Mood of the Fifth: A Musical Approach to Early Childhood*. Waldorf Early Childhood Association of North America. Spring Valley, NY. (ISBN:10-1936849216) (\$15.93-\$23 on Amazon).

Von Gugelgen, H. (1994). *Understanding Young Children: Excerpts from Lectures by Rudolf Steiner* Compiled for the Use of Kindergarten Teachers. Waldorf Early Childhood Association of North America. Spring Valley, NY. (ISBN: 10-1936849151) (free online)

Bamford, C. (2004) *Start Now! A Book of Soul and Spiritual Exercises*. Steiner Books. Great Barrington, MA ISBN 0-880010-526-7 (\$20)

Lowndes, F. (2000) *Enlivening the Chakra of the Heart* The fundamental spiritual exercises of Rudolf Steiner Sophia Books.Rudolf Steiner Press. Hillside House, The Square. Forest Row, East Sussex RH18 5ES. (\$22 on Amazon) ISBN 978-1-85584-053-9

Recommended Texts: Grades 1-8 Students

*(many available for free download from Rudolf Steiner Archives or
the Online Waldorf Library)*

Grades 1-8: Year 2 Student Study Course:

Wiechert, C. (2014) *Solving the Riddle of the Child: The Art of Child Study*. Verlag Goetheanum. ISBN 978-3-7235-1527-3

Tunkey, J. (2020) *Educating for Balance and Resilience; developmental movement, drawing and painting in Waldorf education*. Bell Pond Books. ISBN 978-1-952166-00-6

Other Recommendations:

Bamford, C. (2004) *Start Now! A Book of Soul and Spiritual Exercises*. Steiner Books. Great Barrington, MA ISBN 0-880010-526-7 (\$20)

Lowndes, F. (2000) *Enlivening the Chakra of the Heart The fundamental spiritual exercises of Rudolf Steiner* Sophia Books. Rudolf Steiner Press. Hillside House, The Square. Forest Row, East Sussex RH18 5ES. (\$22 on Amazon) ISBN 978-1-85584-053-9

Frongillo, C. *The Importance of Being Musical: The Development & Practice of a Waldorf Music Curriculum*. Longmont, CO. AWSNA Publications. (ISBN: 13-978-1888365177) (\$4.99-\$12.00 on Amazon)

Schmitt-Stegmann, A. (2015). *The Uniqueness of Waldorf Education*. Fair Oaks, CA: Rudolf Steiner College Press (ISBN: 978-0-9818095-5-7) (\$23)

Steiner, R. (1967). *Discussions with Teachers*. London, Rudolf Steiner Press. (\$5 or online free)

Steiner, R. (1976). *Practical Advice to Teachers*. London, Rudolf Steiner Press. (\$10-\$25 or online free)

Steiner, R. (1995). *The Kingdom of Childhood*. London, Anthroposophic Press. Hudson, New York. (\$1-\$15 or online free)

Harwood, A.C. (1958). *The Recovery of Man in Childhood*. London, Anthroposophic Press. Spring Valley New York. (\$4-\$64 or online free)

Niederhauser, G. and Frohlich, M. (1984) *Form Drawing: A Practical Guide to Form Drawing in Waldorf Schools*. Spring Valley, NY: Mercury Press (ISBN: 0-936132-42-6) (\$19-\$57)

- Embry, L. (). *Form Drawing Grades One through Four*. (\$10-\$50)
- James, V. (2013). *Drawing with Hand, Head, and Heart*. Great Barrington, MA: Steiner Books. (ISBN: 978-1-62148-010-5) (\$21-\$25)
- De Francesca, G. *Coloring with Block Crayons: Emphasizing the Primary Colors: A Manual of Coloring Techniques for Teaching to Children*. Virginia. teachingwonderment.com (ISBN: 978-1060402-996-3) (\$25 or streaming for \$10)
- James, V. (2020). *Painting with Hand, Head, and Heart*. Great Barrington, MA: Steiner Books. (ISBN: 978-164786858-1) (\$37-\$47)
- Trostli, R. (1998). *Rhythms of Learning: Selected Lectures by Rudolf Steiner*. Great Barrington, MA: Anthroposophic Press. (ISBN: 0-88010-451-1) (\$27-\$43)
- Rawson, M. and Richter, T. (reprinted 2010). *The Educational Tasks and Content of the Steiner Waldorf Curriculum*. Forest Rowe, UK: Steiner Schools Fellowship Publications. (ISBN: 1-900169-07-X) (\$24-\$40)
- Ramsden, A. (2013). *The Storytellers Way*. (\$24-\$30). Hawthorn Press. Gloucestershire, UK. (ISBN-13 9781907359194)
- Selg, P. (). *The Essence of Waldorf Education*. (\$12-\$14)
- O'Neil, G. (1990) *The Human Life*. Mercury Press (UK) (ISBN 13: 9780929979014) (\$45-\$51)
- Steiner, R. edited & introduced by Christopher Bamford (2004). *Start Now: A Book of Soul & Spiritual Exercises*. Great Barrington, MA: Steiner Books.